

# MANNA

January 2009 Vol. 22, No. 1



Newsletter of the  
McDonald Road Seventh-day Adventist Church

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"Now it came to pass, as He was praying in a certain place, when He ceased, that one of His disciples said to Him, "Lord, teach us to pray, as John also taught his disciples." So He said to them, "When you pray, say: Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us day by day our daily bread. And forgive us our sins, For we also forgive everyone who is indebted to us. And do not lead us into temptation, But deliver us from the evil one."

- Luke 11:1-4

## McDonald Road Share Him Team Holds Health Fair

The McDonald Road outreach team called "Disciples of Christ" presented a Health Fair in mid-November. It was held in the Salvation Army gym in downtown Chattanooga near the East Lake Courts area. About a dozen students from Southern Adventist University and five individuals from the Wildwood Lifestyle Center assisted in the Health Fair.

At each of ten different tables a particular Health subject was presented. Among the topics shared were nutrition, health-age appraisal, strength-testing, lung function capacity testing, chair massages, and several other topics. The last table in the circle was filled with a variety of literature on health and religious subjects. A number of people signed up for various health classes and some for Bible Studies.

During the fair some interesting events occurred. One physician who was visiting nearby heard of the fair and decided to attend with his family. He was considering moving to the Chattanooga area and was very excited about our emphasis on wellness education and prevention of illness. He explained that he planned to obtain an additional degree himself in public health. While covering another event at the Salvation Army complex, a person from channel 12 interviewed one of our church members and took a few film clips of the Health Fair. A 30 second spot about the Fair was aired that evening on the six o'clock news.



photo submitted by Danny McDonald

*Tim Cook (right) talks with an attendee at one of the booths during the health fair.*

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# MANNA

The Manna is the official newsletter of the McDonald Road Seventh-day Adventist Church. It is published monthly and distributed to members and friends of the church.

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The church office is open Monday through Thursday from 9 a.m. to 3 p.m. and Friday 9 a.m. to 1 p.m., unless otherwise announced.

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**Submissions Deadline:** The third Thursday of each month, unless otherwise specified. Submit items in writing at the church office; by fax (396-3433); by e-mail [manna@mcdonaldroad.org](mailto:manna@mcdonaldroad.org); or by mail at 5440 McDonald Road, McDonald, TN 37353. Submissions by phone are not accepted.

**Electronic Submissions:** Submissions may be made via e-mail with the following attachment formatting: Word or WordPerfect documents, text files, and graphics or photos saved as jpeg, bmp, or gif files. Please submit electronic files by e-mailing them to: [manna@mcdonaldroad.org](mailto:manna@mcdonaldroad.org).

"Uplifting Jesus"  
McDonald Road  
Seventh-day Adventist Church



# Pastor's Challenge

## Einstein's Astounding Letter



Pastor David Cook

O.K., I confess. I opened my sister's Christmas present and indulged in it. But hey, it's a gift from me! And it's a book. I opened it, read a little, and sent it on. She'll never know.

The book is entitled, *Dear Professor Einstein*. It is a collection of letters from children to Albert Einstein. Fascinating! I have to admit, I was only curious, but inside that book I found something that gave me a shock.

It seems that Einstein once wrote to the school children of Japan. He was already famous and he was just showing his affection for his little fans there. What's heart-stopping is the irony of his letter. I should note that he wrote it in 1930:

*"... remember that ours is the first era in which it has been possible for people of different nations to conduct their affairs in a friendly and understanding manner. In the old days, people spent their lives fearing and even hating one another because of ignorance on all sides. May the spirit of brotherly understanding among nations continue to grow. With this sentiment, I, an old man, send you Japanese school children my greetings from afar, with the hope that your generation will some day put mine to shame."*

Talk about having your hopes dashed! He had no idea how many of those school-children would become the devoted soldiers of a dreaded empire. Nor that the land of his birth would be allied with that power. Nor that his theories would help build a bomb that would evaporate thousands of Japanese school children!

What is scary is how vividly this relates to our day. Just like then, our world is seeking a peace that it has never had. People are excited about a new era of change and hope. Yet it is likely that today's peace-seekers will be caught up in the worst conflict of all times. Many of them will become vicious destroyers or those being destroyed.

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## Sermon Schedule

- "Knee Power" Sabbath, January 3
- by Don Gettys
- "My Favorite Book" Sabbath, January 10
- by Don Gettys
- "The Great Controversy" Sabbath, January 17
- by Lincoln Steed
- "In the Middle" Sabbath, January 24
- by Don Gettys
- "The First Adventists" Sabbath, January 31
- by Don Gettys

# Church Business

## A Great Big Thanks To Rebecca Brooks!

Rebecca has been our Manna editor here at McDonald Road for the past couple of years and she has done an excellent job. This is her last issue and we want to offer her a heartfelt thanks for all her hard work. May God bless you in all your future endeavors!

## Get involved with Bi-Lo Boosters!

Support the Samaritan Center while you shop for groceries! Just scan this barcode along with your Bonus Card one time, and from then on a percentage of your purchase price will be given to the Samaritan Center (after the first time, you don't need this barcode; you will only need your Bonus Card after that). The Samaritan Center thanks Bi-Lo for making this unique system of support possible!



- continued from page 1 -

## Health Fair

A follow-up cooking and nutrition class is being planned for that area in January/February of 2009. People from the Health Fair who asked for Bible Study lessons will be contacted or sent lessons in the mail.

In addition, another 15 people who requested lessons resulting from visiting the Messiah's Mansion exhibit are also receiving Bible lessons. Just a note on the Messiah's Mansion exhibit: Over 10,000 people from Hamilton county and six surrounding counties attended the exhibit. Over six hundred of those either requested Bible studies or information regarding health classes presented in their area.

God's work is advancing in the East Lake Courts area where the Disciples of Christ outreach group is working.

- John Davis

## Einstein

- continued from page 2 -

It reminds me of what Paul says, "For when they say, 'Peace and safety!' then sudden destruction comes upon them, as labor pains upon a pregnant woman. And they shall not escape."

As we enter this new year, I pray that we will all keep a clear view of the trouble coming. I also pray that we will seek peace and safety in the Prince of Peace and that we will help others to find rest there too.

*There are no church board highlights, membership transfers, or financial updates in this issue since a church board meeting was not held in December.*

## Samaritan Center Needs

- Baby wipes
- Canned chili beans
- Canned peaches
- Christmas hats and antlers for Christmas Parade
- Christmas toys
- Liquid dish detergent
- New girls' bras
- New hairbrushes
- New small girls' and boys' underwear
- New womens' underwear
- Pancake mix
- Plastic grocery bags
- Plastic (not wire) hangers
- Popcorn
- Size 5&6 diapers
- Soy and Rice Milk
- Syrup

If you can help, please bring items to the Samaritan Center front desk or call 238-7777, ext. 23, to make other arrangements.

## Offering Schedule

Jan. 3	Local Church Budget
Jan. 10	Georgia-Cumberland Ministries
Jan. 17	Local Church Budget
Jan. 24	Religious Liberty
Jan. 31	Cohutta Springs

# Reaching In

## Meet the New Manna Editor



The *Manna* welcomes Linda Wilhelm as the new editor beginning with the February 2009 issue.

Linda works as the MBA graduate coordinator for the School of Business at Southern Adventist University. In her free time, she enjoys photography, a wide variety of creative hobbies, carpentry, cello, computer graphics, decorating for events, nature and outdoor activities. She has three grown children: Jason Wilhelm works at 3ABN, Sheri Wilhelm Bryant is the owner of Villa Salon in Chattanooga, and Philip Wilhelm is a teacher at Bass Academy in Mississippi.

Submit stories and photos to the *Manna* by emailing them to [manna@mcdonalddroad.org](mailto:manna@mcdonalddroad.org).

## Couples Attend “Love for a Lifetime” Marriage Conference

Couples from around the Georgia-Cumberland Conference came Oct. 31-Nov. 2 in anticipation of a great weekend for this year’s Marriage Conference held at the beautiful Winshape Retreat Center in Rome, Ga.

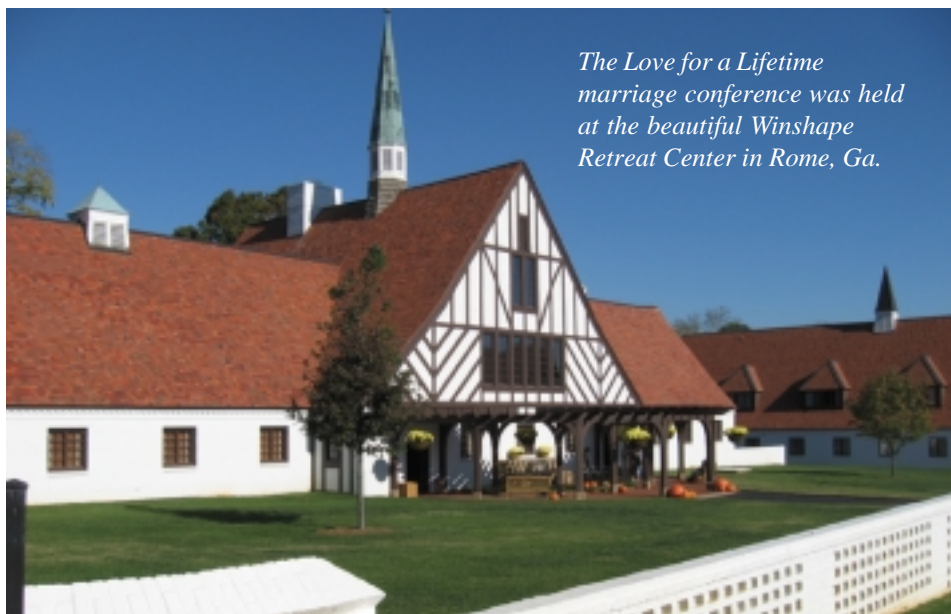
Pastors Mike and Gayle Tucker, host of *Faith for Today*, were the featured speakers. Their ability to share personal stories combined with solid information on Spirituality, Communication Patterns, Conflict Resolutions and Forgiveness gave the participants the tools to strengthen their marriage.

Retreat participant and McDonald Road church member Deidre Mountcastle shared, “My husband and I thoroughly enjoyed our time here. What a beautiful setting to reconnect with one another! We enjoyed the meetings, the speakers as well as the food. Everything was wonderful! We did not realize what we were missing by not getting away together; it has been three and a half years since we took time. We were so uplifted by the programs and the speakers. The only complaint we have is that it was not longer! We are looking forward to next year!”

The Family Ministries Department of Georgia Cumberland Conference strives to strengthen families by providing opportunities for couples to grow in their relationship.

“In today’s fast-paced world it is easy to overlook the importance of nurturing our marriages, remember to spend quality time with each other, laugh together, play together, pray together and stay together. Take time for ‘romance’,” says GCC Family Ministries director Jo Dubs. Plan now to join us in Rome, Ga., for next year’s Marriage Conference to be held November 13-15 2009.

- Jo Dubs



*The Love for a Lifetime marriage conference was held at the beautiful Winshape Retreat Center in Rome, Ga.*

# Reaching Out

## Bible Students Discover Mobile Study of Scripture

Discovery Bible Guide students can now use their cell phones to learn more about God during downtime at the bus stop or on the subway.

The Discover Bible Guides — produced since 1942 by Voice of Prophecy, a supporting media ministry of the Seventh-day Adventist Church — are now formatted for access by mobile Web browsers, a first for the church, says Kurt Johnson, the ministry's Bible School director.



*Discovery Bible Guides are now available on cell phones.*



The lessons are expected to find their niche not only with time-strapped commuters, but also in regions where computer access is limited but cell phones with Internet capabilities are widely used, such as Africa, Johnson says.

By capitalizing on new media, the lessons will help keep the church from becoming “obsolete in [its] approaches,” Johnson says, adding that he hopes they resonate with the “text-messaging generation.”

Banking on convenience, the cell phone Bible studies may connect with people who wouldn't sit down and fill out a traditional paper Bible study or even a computer-based lesson, he adds.

The Bible study guides available on cell phones are currently self-grading and text only for easier reading and quicker download times, but future development will include interactive grading between student and instructor and graphics, Johnson says.

To access the first lesson, enter [biblestudies.com/cell](http://biblestudies.com/cell) into your cell phone browser and follow the prompts.

- Adventist News Network

## Register Now for the “Maximum Impact” Prayer Conference

Discover how God's power can be released in the life of your church and through your church into your community at this power-packed Prayer Conference at Cohutta Springs, sponsored by Georgia-Cumberland Conference Prayer Ministries.

Featured speakers will include Sam Telemaque, Prayer Ministries Director for the Caribbean Union Conference; Shawn Shives, Pastor of the Loganville, Ga., Church and Newton County, Ga., church plant; and Mark Piotrowski, Prayer Ministries Coordinator for the Georgia-Cumberland Conference.

During the weekend, topics will be covered such as the significance of prayer in the life of Jesus, the three healing dimensions of prayer, the power of prayer in evangelism, prayer evangelism in your community, and how to start and grow Prayer Ministries in your church.

There will also be time for networking and a question and answer session. There will be time for prayer, worship, and an inspirational film will be shown for Sabbath vespers.

To register visit [www.gccsda.com](http://www.gccsda.com) or call Cohutta Springs at 1-800-940-6789. If you would like to learn more about this prayer conference, email Mark Piotrowski at [mpiotrowski@gccsda.com](mailto:mpiotrowski@gccsda.com).



# Kids' Corner

## The Crow's Convention

On a hill in a place called Woodsyland, the crows are having a convention. Carl Crow leads the group. "You all know how things are going in our world today.

Things seem to be getting worse all over. We all need to do what we can to help each other. Do any of you have something to report?" caws Carl Crow.

"Well, Billy Bob shot Calvin Crow with his BB gun and injured his left wing, now Calvin can't get food for himself or his family," caws Kari Crow.

"Who will take the responsibility to see that Calvin and his family have food?" Caws Carl.

"Jim and I can work together to see that his family has food. Farmer Brown's corn field still has some cobs on the stalks and we can get a good supply from there," Caws Kimble Crow.

"Have you seen how bad Cory Crow's nest is, after the bad storm? Why it hardly has enough sticks to hold it to the limb," caws Casey Crow.

"Who will be responsible to help fix up Cory's nest?" Caws Carl. The crows talk it over and decide that if they each bring one stick and some mud Cory's nest could be repaired in record time.

"That is a good idea," caws Carl Crow.

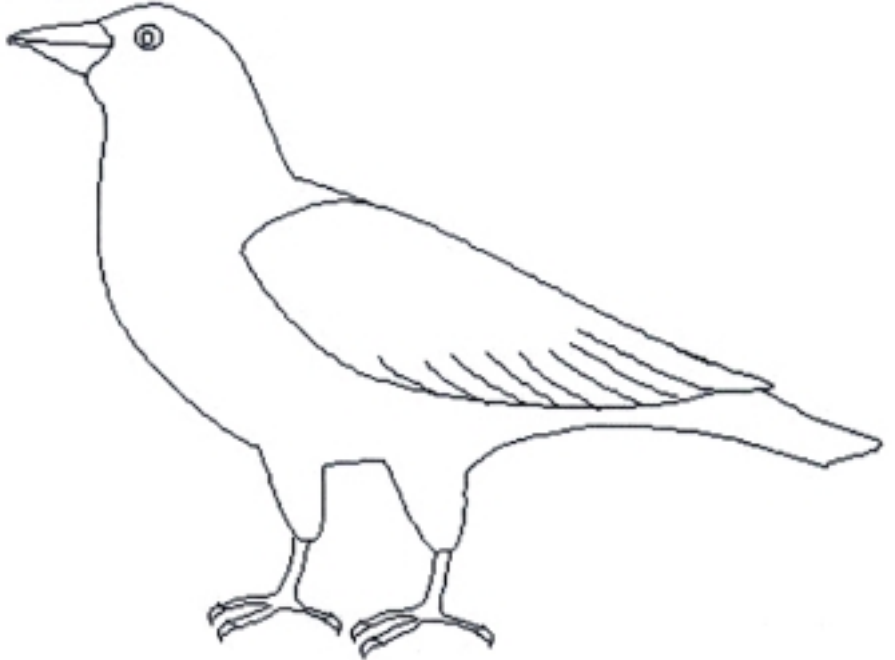
"May I make a suggestion? Each of us check on the other crow families that live in our area to see if they need any help every few days," caws Kimble Crow.

"Very good idea," caws Carl Crow.

"Caw, caw, caw," caws Corby Crow, "Time to go until another meeting."

The crows fly off cawing away as they say goodbye to each other. Just as God's creatures take care of each Other we need to follow their example and see what we can do to help those around us and show them Gods love.

- Janice Parker



Place the following words in the blanks.

RAVENS | FOWLS | BARN | SOW | CONSIDER | FEEDETH | STOREHOUSE | REAP

\_\_\_\_\_ the \_\_\_\_\_; for they neither \_\_\_\_\_ nor \_\_\_\_\_; which neither have \_\_\_\_\_ or \_\_\_\_\_. And God \_\_\_\_\_ them; how much more are ye better than \_\_\_\_\_? Luke 12:24 KJV

# Connecting

## Miracle at Messiah's Mansion

It all started with a dream. The Saint Elmo Church youth director, Joel Stapleton, and personal ministries director, Lisa Puffer, had a big dream. They wanted to share something special with our community, something unique. Something that would disarm prejudice and give a large number of people a look at what Adventists believe. After much prayer they felt led to introduce Messiah's Mansion, a life size replica of the Mosaic Sanctuary, to the people of Chattanooga, Tenn.

On Oct. 12, over a hundred volunteers came together from Adventist churches all over the area to help set up the Sanctuary. Under the expert guidance of Clayton Leineweber, the owner and manager of Messiah's Mansion, the structure and related items took shape quickly.

Friday, Oct. 17, dawned upon a completed Sanctuary, and several newly-trained tour guides who were up to the task.

Saturday, the Oct. 18, was opening day. So many people were lined up that we started the first full tour fifteen minutes early. For the rest of the day, people waited in line, some for as much as two hours and fifteen minutes. Official opening time each afternoon was two o'clock, but public interest was so high that we actually began tours around ten o'clock every morning, continuing through eight-fifteen in the evening.

Some of the people who went through the tours told us that their lives would never be the same again. A typical survey comment said, "I appreciated most the parallels between the Sanctuary and Christ;" and "Thank you for giving a message of death in balance with the message of life. Thank you!"

The miracle was not limited to the public who came through the tour. Volunteers working with the project experienced a change of life as well. One of the tour guides put it this way, "My experience at Messiah's Mansion has been as much of a blessing to me as it might have been for the people who attended." Jonathan Abrahams continued that he began to understand the great message in the sanctuary. Messiah's Mansion helped "to solidify the information that I had learned. It also gave me a chance to share with others the blessings that I had gained from the study of the sanctuary." Jonathan then shared how he saw God working through him in spite of himself. "I remember one experience that I had, I was asked to give a tour, but for some reason I really did not feel like giving a tour at the time. After a brief pep talk from another tour guide though, and a prayer for strength, I began. During that tour I really felt the presence of God with me and the people listening. . . . At the end I had to admit that this was one of the best tours that I had done (God had done)." We all were realizing that we were not doing these tours, but God was.

Rebecca Silva, another tour guide commented, "The Messiah's Mansion was a wonderful experience for me. Studying about the Sanctuary, I could understand more about the love of God and the Plan of Salvation. . . . I had a real experience with my Savior and feel how it is to work for God. Messiah's Mansion was a blessing in my life." We also watched as this young lady from Brazil spoke Spanish to a large group even though her language Portuguese. We saw the Lord give her the correct Spanish words as she was sharing with them.

In the end, more than 11,000 people came through Messiah's Mansion in ten days. More than thirteen hundred people requested further information. We are now working, along with local Seventh-day Adventist Churches, to follow up with the people who requested further information.

- Amy Puffer



McDonald Road  
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“Uplifting Jesus”

# What's Happening

**Health Summit Orlando 2009:** Jan. 30-Feb. 7, 2009. Sheraton Orlando North, 600 N Lake Destiny Drive, Maitland, FL 32751. Plan now to attend Health Summit 2009 – Festival of Health: Prayer, Faith and Wholeness. Train the trainer health seminars are taught by experts. This is not a sampling of health topics. The student is able to get 15 hours of in-depth training on one topic in track 1 (Fri-Sun), 15 hours in track 2 (Monday-Friday, am) and 15 hours in track 3 (Monday-Friday, pm). Who should attend? HealthMinistry Directors & volunteers, pastors, health care professionals, women's & personal ministry directors, community service volunteers, community outreach volunteers, youth leaders. Featured Speakers: Samuel L. DeShay, M.D., MPH, D.Min., President; José Rojas, North American Division Volunteer Ministries Network Director. Visit the Health Summit website at [nadhealthsummit.com](http://nadhealthsummit.com) to learn more. Please register ASAP. Register online or call PlusLine at (800) 732-7587.

**East Ridge Church Plant:** The East Ridge Church Plant is meeting at 1014 Spring Creek Road, East Ridge, Tennessee. Sabbath School: 9:30 a.m. Church Service: 10:50 a.m.

**Experienced Christian Caregiver:** Health Conscious, Caring, Patient, Trustworthy, Certified Nursing Assistant. Call Marilyn Schneller, member of the McDonald Road SDA Church, 423-785-7948. Excellent Local References Available

**The Year of Evangelism:** Starting January 2009 everyone is invited to spend spend one year working toward one goal - baptizing 100,000 in the North American Division. To learn what you can do, visit [www.yearofevangelism.com](http://www.yearofevangelism.com).

## Regular Programs

Weekly Worship Services  
First Service  
Saturdays at 8:50 a.m.

Second Service  
Saturdays at 11:25 a.m.

Sabbath School  
Saturdays at  
10:05-11:20 a.m.

Prayer Meeting  
Wednesdays at 7:00 p.m.